

SEPTEMBER 2015

To volleyball families

## Here is the information needed about our upcoming volleyball tournament at St. Francis.

We will be leaving about 6:30 this Thursday evening. There is soccer practice until 5:30. The girls will have the chance to take showers at the Russell home and a few others (yet to be determined). Amber will be at the school at 5:30 and can drive the girls to Russells or where they may need to go. We will leave between 6 and 6:30. If your daughter does not play soccer she needs to be at Heritage at 6 pm.

Thursday night we will be staying at the AmericInn in Alexandria. The hotel room costs are being paid by a couple of sponsors! We are so grateful! Breakfast if free at the hotel as well. No bedding needed for Thursday night.

Friday morning we will leave for St. Francis. We plan on arriving at the school at 1pm. Start time for our first game is 3 pm. If we win we will play on Saturday at 10:30 if we loose we will play again on Friday at 7.

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Friday night we will be staying at my parents (aka grandpa and grandma Skoog's) home in Forest Lake. The girls will need to bring a sleeping bag and pillow unless otherwise told.I will wash uniforms there so they will be clean for Saturday. My mom will have breakfast on Saturday morning for us so no cost there.

At this point we do not know when we will arrive home on Saturday. We will have to call and update you. The championship game beings at 4:30, however if we are not participating we likely will not stay for that, but again we will call when we leave St. Francis.

Please encourage your daughter to pack LIGHT! We are limited by vehicle space when traveling. One duffel bag per person is ideal! No towels or washcloths are needed. Just a pair of jeans and a few shirts and a pair of tennies! Also please double check that your daughter has her uniform, knee pads (required), volleyball shoes, pony tail holder, etc.

Meals...be prepared for 3 suppers and 2 lunches. I do not like my players to eat at McDonalds. Please keep that in mind. I'd rather they get a salad from Culvers than a preservative filled burger and fries. You can't get a meal at Subway anymore for less than 8 bucks so please keep that in mind. We are so thankful to have two breakfasts provided for us!!!

There is an activity fee for this tournament of \$25 due to Heidi by Wednesday (sorry for the short notice).

If you are my friend on facebook I'll post results each game there so feel free to check my page throughout the day on Friday and Saturday.

Also don't forget next Monday we have a home game against Riverside Christian. This will be more of a JV game so a few of the more experienced players will cheer their teammates on. Game time is 4:30 pm. We have one game a week this season with another left to schedule so keep checking the calendar that went out for game times and places.

Karen

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